



Simon Thomas
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Our Venues

<p>St Georges Bungalow</p> <p>St Johns Avenue, Hillmorton, Rugby, CV22 5HR</p>	
<p>Olivers Nightclub</p> <p>19 Lower Gungate, Tamworth, B79 7AT</p>	

How to Book

Contact Simon for more information about all of our groups and to book onto the activities of your choice.

- Our hourly rate is £14.45
- All Activities must be pre-booked
- Bookings are taken on a 6 week basis
- Some sessions may have an additional cost



Company Guarantee No: 4075624 | Registered Charity No: 1086774

Produced 10/08/2016



Adults Services Rugby

TABLO Day Opportunities Timetable

www.tabw.org.uk
02476 644 909



Rugby TABLO Timetable

Produced 10/08/2016

WEEKDAYS AT ST GEORGE'S BUNGALOW					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10am-12pm	Healthy Eating		Green Fingers		Baking
LUNCH					
1pm-3pm	Living Well		Music Group		Creative Crafts

DAYTIMES IN THE COMMUNITY							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10am-12pm		Library: Literacy		Green Fingers Allotment		Sporty TABs 9am-12pm	Sunday Trips See separate planner for details
1pm-3pm		Swimming		Rambling Group	Travel Training	Community Work Opportunities	

EVENINGS IN THE COMMUNITY					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Evening		Women's Social Group 4-7pm	Olivers Nightclub once a month MAC TABs @ Hillstreet 6.30-9.30pm		Men's Social Group 4-7pm



Activity Type

- Learning Skills / Special Interest
- Social groups
- Sports & Physical Exercise
- Food / Cooking
- Art & Performance