



Adult Service

Rugby

Service Planner

2019 - 2020



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Our Mission

Take-a-Break Warwickshire provides community-based short breaks for children and young adults who have a disability or life-threatening illness, and adults with a learning disability. This support enables people to live their lives to their full potential, gain skills and move towards independence with confidence.

Overview

We aim to provide a wide range of group based activities focused on life skills, all within a safe, friendly and relaxed environment. Our Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities.

Our customers are empowered to focus on their own goals and ambitions, and are supported by a staff team who are skilled and experienced in helping them to achieve this through extensive training and ongoing staff development

Service Model - Groups

MAC TABS is our weekly group and holiday activity programme for our Rugby Adult customers. Our customers take an active role in the planning and development of the service and provides a consistent transition from our Rugby Children's Service.

Group sessions for our holiday programme can be accessed as a full day or as a separate am or pm session.

If you need support understanding this booklet, please contact 02476 644 909.

Who is the service for?

Within our activities, we cater for adults with a wide range of disabilities aged 18-65 years, living within the Rugby Borough.

How do I access this service?

We work in partnership with you, your family members and professionals so that we can work together towards meeting your planned outcomes. The service can be accessed using local authority allocated hours, using direct payments, a personal budget or by purchasing hours directly. All sessions must be booked in advance and availability will be dependant on customer numbers and staffing ratios.

Contact our Care Co-ordinators to discuss your service and complete a formal service contract. All costs will be discussed and detailed in your service contract.

Does TAB provide transport?

Transport for group activities will not be offered to new referrals as transport is not part of our main service delivery. We will continue to provide a limited transport service for our existing customers. All transport will be charged for separately, and detailed in the customer service contract.

Charging

Hours and funding arrangements will be formally agreed in a service contract. The service cost is currently £15.90 per hour for all services. All sessions must be booked in advance.

Cancellation Costs

We require a minimum of 48 hours' notice to avoid any cancellation charge. If less than 48 hours' notice is given, then the full cost of the session will be chargeable.

Our Rugby Venue



Adult Site Base

Hill Street Youth and Community Centre, Rugby CV21 2NB

This is our Rugby Hub for our weekly and holiday groups. The venue is centrally located and within walking distance to Rugby town centre and a number of public transport routes.

Opening Days & Times

Wednesday 6-9pm 50 weeks

Holidays 10am-3pm See separate page for dates



The site will be closed on all bank holidays and will offer a limited service over the Christmas and New Year period.

Lunch Time Arrangements

Our Mac Tabs holiday sessions include different lunch time options. All customers are required to bring their own lunch, along with the option to take part in planned lunch activities. See separate timetable for full details and costs.

Timetable

A full timetable of activities is detailed within this booklet alongside a description of the groups and activities available. See separate timetable for full details.

Wednesdays 6-9pm

Hill Street Youth and
Community Centre, Hill
Street, CV21 2NB

Mac Tabs

Weekly

Tuesday & Thursday

Hill Street Youth and
Community Centre, Hill
Street, CV21 2NB

Mac Tabs

Holidays 10-3pm



3 hours

Age - 18 years +

Mac Tabs stands for Meet and chat. These sessions are planned with customers and are designed to give a sense of achievement as well as developing social and life skills. The session has a friendly and relaxed atmosphere and provides a safe environment where customers can meet with friends and form new relationships.



5 hours

Age - 18 years +

These sessions are an extension of the weekly club allowing customers who are away with college in term time the chance to meet and reconnect with their friends. Customers have the opportunity to take part in planned activities of their choice such as healthy meal prep, sports, team games and work on their independent life skills in a fun environment.

Mac Tabs Holiday Dates 2019-2020

Easter 2019

Tuesday 16th April
Tuesday 23rd April

Thursday 18th April
Thursday 25th April

Whitsun 2019

Tuesday 28th May

Thursday 30th May

Summer 2019

Tuesday 9th July

CLOSED

Tuesday 16th July

CLOSED

Tuesday 23rd July

Thursday 25th July

Tuesday 30th July

Thursday 1st August

Tuesday 6th August

Thursday 8th August

Tuesday 13th August

Thursday 15th August

Tuesday 20th August

Thursday 22nd August

Tuesday 27th August

Thursday 29th August

October 2019

Tuesday 29th October

Thursday 31st October

Christmas 2019-2020

Friday 27th December

Monday 30th December

Thursday 2nd January

CLOSED

February 2020

Tuesday 18th February

Thursday 20th February

Individual Support Service

A minimum booking of 2 hours is required

Flexible Hours

Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities. These short activity-based sessions are planned in consultation with our customers and their families.

Individual sessions can be home based or within the customers local community. To access a session outside of the customers home, staff will support customers with the use of public transport or meet the customer at the activity venue. Additional transport requests will be considered on an individual basis and will be subject to additional charges.

Customer and staff activity costs, including the costs of transport are payable by the customer.

Our current charge is £15.90 per hour.

Person Centred Support

We can provide specialist support to our customers following the full assessment and completion of detailed care planning. Our risk managers will complete full protocols and risk assessments, where required.

Communication

Our staff use a range of specialist communication tools including, PECS, visual timetables, Makaton and a person centred approach.

Personal Care

Our staff are trained to support customers with a range of personal care needs, including safer people handling with specialist equipment.

Behaviour

All our staff are trained in Positive Behaviour Management and are skilled at preventing and resolving conflict.

Health and Medication

Our staff are trained to support customers who have epilepsy and diabetes, and are fully trained and equipped to support customers with a range of mobility and health requirements. Our staff are fully trained to administer prescribed medication.

we're hiring!

Sessional Support Staff

- Community-based support
- Receive comprehensive and accredited training
- Operating in Warwickshire, Coventry, and Solihull



Visit tabw.org.uk to apply

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