



Children's Service

Rugby

Service Planner 2019-2020



tabw.org.uk





Our Mission

Take-a-Break Warwickshire provides community-based short breaks for children and young adults who have a disability or life-threatening illness, and adults with a learning disability. This support enables people to live their lives to their full potential, gain skills and move towards independence with confidence.

Overview

We aim to provide a wide range of group based activities that focus on life skills, all within a safe, friendly and relaxed environment. Our Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities.

Our customers are empowered to focus on their own goals and ambitions and are supported by a staff team who are skilled and experienced in helping them to achieve this through extensive training and ongoing staff development.

Group Services

Within our group activities, we offer a range of weekly evening and weekend groups and a separate holiday group activity programme. All sites are registered with OFSTED under the Child Care Register-Voluntary Register.

Who is the service for?

Within our activities, we cater for children and young people with a wide range of disabilities aged 0-18 years, living within the Rugby Borough.

How do I access this service?

We work in partnership with you, your family members and professionals so that we can work together towards meeting your planned outcomes. The service can be accessed using local authority allocated hours, using direct payments, a personal budget or by purchasing hours directly. All sessions must be booked in advance. Contact our Care Co-ordinators to discuss your service and complete a formal support contract. All costs will be discussed and detailed in your support contract.

Does TAB provide transport?

Transport for group activities will not be offered to new referrals as transport is not part of our main service delivery. We will continue to provide a limited transport service for our existing customers. All transport will be charged for separately, and detailed in the customer service contract.

Charging

Hours and funding arrangements will be formally agreed in a service contract. The service cost is currently £15.90 per hour for all services.

All sessions must be booked in advance.

Cancellation Costs

We require a minimum of 48 hours' notice to avoid any cancellation charge. If less than 48 hours' notice is given, then the full cost of the session will be chargeable.

Mondays 3.30-5.30pm
The Bungalow, St Georges
Church, Hillmorton, Rugby,
CV22 5HR

Animation Club

Term time



Age 8-18 years

This is a group for young people with a special interest in computers and filmmaking. Learn how to make animated videos using different types of media.

This is a chance to build confidence and self-esteem whilst learning to work together and sharing ideas.

Tuesdays 3.30-5.30pm
St Georges Church,
Hillmorton, Rugby, CV22
5HR

Technology Club

Term time



Age 8-18 years

A chance to get creative and work together as a team, sharing ideas and developing communication skills. Build confidence and self-esteem within a group of young people with an interest in being creative and developing the imagination.

Wednesdays 6-8pm
Overslade Community
Centre, Rugby, CV22 6AY

Youth Group

Weekly



2 hours

Age 12-18 years

These sessions are often planned by the young people themselves and are designed to give a sense of achievement as well as developing social and life skills. The club has a friendly and relaxed atmosphere and provides a safe and secure environment where young people can meet up and chill out with their friends.

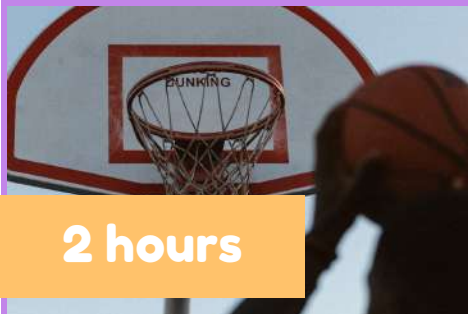
Closure Dates:

3rd April, 1st May, 5th June, 3rd July, 7th August, 4th September, 2nd October, 6th November, 4th December, 25th December, 1st January, 5th February, 4th March

Thursdays 3.30-5.30pm
The Bungalow, St Georges
Church, Hillmorton, Rugby,
CV22 5HR

Sports & Games

Term time



2 hours

Age 8-18 years

A chance to get physical and participate in a group activity whilst developing turn taking and sharing skills. The group works together developing social skills, coordination, self-esteem, and confidence. Develop gross and fine motor skills, whilst keeping healthy and active in a small group.

Rugby Saturday Club

Overslade Community
Centre, Rugby, CV22 6AY

Primary Group	5-12 years	10am-12pm
Sensory Group	5-18 years	12pm-2pm
Secondary Group	12-18 years	2pm-4pm

Our Saturday club's provide a friendly and relaxing environment for children and young people to chill out and have fun with friends after a long week at school. Children and young people have the opportunity to take part in activities such as group games, sports, art and craft, sensory play, cooking and outside activities.



2 hour sessions

46 weeks per year

The club provides three separate sessions throughout the day, primary children are offered the morning session and our secondary customers have the later afternoon session, both sessions can be combined with the midday sensory session to provide an extended service.

If children are accessing midday sensory session they are required to bring a packed lunch.

Saturday Club will be closed on the following dates:

20th April, 4th May, 6th July, 24th August, 31st August, 6th October

Playscheme

School holidays
10am-4pm

**Overslade Community
Centre, Rugby, CV22 6AY**



6 hours

Primary Age 5-12 years

Secondary Age 12-18 years

Our playschemes provide a longer day of adventure for children & young people to make friends outside of their usual friendship circle and enhance their social skills along the way.

Children are encouraged to choose play activities with the emphasis on fun and enjoyment. Each session is child-centered. This means play is personally directed by the children so they choose when, how and what they play with giving them a sense of ownership.

The activity sessions offer the chance to stay connected with friends and keep some structure to their holiday periods.

How to access our playscheme

Customers new to Take-a-Break will need a home visit from a Care Co-ordinator to complete an initial assessment and paperwork. On completion you will receive a support contract confirming your place.

See separate site information and dates on the following pages

Summer Hands on Sensory Week

**Overslade Community
Centre, Rugby, CV22 6AY**

**Limited Places
22nd-26th July
10am-4pm**

A multi sensory themed activity week. This week is planned to meet the individual needs of children and young people in a fun setting. Please don't wear your best clothes and be prepared to get involved!

Date	Age Range	Places	Activity
Monday 22nd July	5-12 Years	10 per day	Multi sensory experience, designed to have fun, building on skills and communication.
Tuesday 23rd July	12-18 Years	10 per day	
Thursday 25th July	12-18 Years	10 per day	
Friday 26th July	5-12 Years	10 per day	



6 hours

Time

The site is open from 10am-4pm each session.

Lunch Time

All customers are required to bring their own packed lunch. Drinks and healthy snacks will be provided.

Equipment

Customers are required to bring any specialist equipment and personal care items required.

Playscheme Holiday Dates 2019-2020

Overslade Community Centre, Rugby, CV22 6AY

Summer 2019 Week 1 - See separate sensory week

Summer 2019 WEEK 2 Age Range

Monday 29th July	5-12 years
Tuesday 30th July	12-18 years
Thursday 1st August	12-18 years
Friday 2nd August	5-12 years

Summer 2019 WEEK 3 Age Range

Monday 5th August	5-12 years
Tuesday 6th August	12-18 years
Thursday 8th August	12-18 years
Friday 9th August	5-12 years

Summer 2019 WEEK 4 Age Range

Monday 12th August	5-12 years
Tuesday 13th August	12-18 years
Thursday 15th August	12-18 years
Friday 16th August	5-12 years

Summer 2019 WEEK 5 Age Range

Monday 19th August	5-12 years
Tuesday 20th August	12-18 years
Thursday 22nd August	12-18 years
Friday 23rd August	5-12 years

Summer 2019 WEEK 6 Age Range

CLOSED

Please note every Tuesday will be multi sensory themed session.

October 2019

	Age Range
Monday 28th October	5-12 years
Tuesday 29th October	12-18 years
Thursday 31st October	12-18 years
Friday 1st November	5-12 years

Christmas 2019/2020 Age Range

Monday 23rd December	5-12 years
Friday 27th December	12-18 years
Monday 30th December	5-12 years
Tuesday 31st December	12-18 years
Thursday 2nd January	12-18 years
Friday 3rd January	5-12 years

February 2020

	Age Range
Monday 17th February	5-12 years
Tuesday 18th February	12-18 years
Thursday 20th February	12-18 years
Friday 21st February	5-12 years

Opening Times

The site is open from 10am-4pm each session.

Equipment

Customers are required to bring any specialist equipment and personal care items required.

Lunch Time

All customers are required to bring their own packed lunch. Drinks and healthy snacks will be provided.



Activity Days

Limited Spaces Available

Wednesday Age: 7-18 years

School Holidays

Community Based



Varied

Date	Activity	Times	Cost
24th July	Twycross Zoo & Transport	10am-5pm	£30.00
31st July	Leamington Kayaking & Boating/Train	10am-4pm	£20.00
7th August	Lazer Quest-Bowling & Pizza	10am-4pm	£25.00
14th August	Wicksteed Park & Transport	10am-5pm	£30.00
21st August	Coventry Water Park & Meal	10am-4pm	£15.00
30th October	Ryton Pools Halloween Primary	10am-1pm	No Cost
30th October	Ryton Pools Halloween Secondary	1.30-4.30pm	No Cost
19th February	Swim Rugby School Primary	10am-1pm	No Cost
19th February	Swim Rugby Sports Centre Secondary	1.30-4.30pm	No Cost

Costs

In order to access the community based activity days there will be an additional charge for the entry costs and any public transport costs. All bookings and payments need to be made in advance. Full details including payment information will be agreed in your support contract.

Meeting and Collection Point

As this activity is community based customers are required to meet at the venue, or train station. The leader and staff team will be there to meet you on arrival.

Lunchtime arrangements

All customers are required to bring their own packed lunch or money to purchase food. Details of any special planned lunch activities will be shared prior to the day.

Specialist Equipment

Customers are required to bring any specialist equipment and any personal care items required.

Individual Support Service

A minimum booking of 2 hours is required

Flexible Hours

Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities. These short activity-based sessions are planned in consultation with our customers and their families.

Individual sessions can be home based or within the customers local community. To access a session outside of the customers home, staff will support customers with the use of public transport or meet the customer at the activity venue. Additional transport requests will be considered on an individual basis and will be subject to additional charges.

Customer and staff activity costs, including the costs of transport are payable by the customer.

Our current charge is £15.90 per hour.

Person Centred Support

We can provide specialist support to our customers following the full assessment and completion of detailed care planning. Our risk managers will complete full protocols and risk assessments, where required.

Communication

Our staff use a range of specialist communication tools including, PECS, visual timetables, Makaton and a person centred approach.

Personal Care

Our staff are trained to support customers with a range of personal care needs, including safer people handling with specialist equipment.

Behaviour

All our staff are trained in Positive Behaviour Management and are skilled at preventing and resolving conflict.

Health and Medication

Our staff are trained to support customers who have epilepsy and diabetes, and are fully trained and equipped to support customers with a range of mobility and health requirements. Our staff are fully trained to administer prescribed medication.

we're hiring!

Sessional Support Staff

- Community-based support
- Receive comprehensive and accredited training
- Operating in Warwickshire, Coventry, and Solihull



Visit tabw.org.uk to apply

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