



Children's Service

**Solihull**

# Service Planner 2019-2020



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## **Our Mission**

Take-a-Break Warwickshire provides community-based short breaks for children and young adults who have a disability or life-threatening illness, and adults with a learning disability. This support enables people to live their lives to their full potential, gain skills and move towards independence with confidence.

## **Overview**

We aim to provide a wide range of group based activities that focus on life skills, all within a safe, friendly and relaxed environment. Our Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities.

Our customers are empowered to focus on their own goals and ambitions and are supported by a staff team who are skilled and experienced in helping them to achieve this through extensive training and ongoing staff development.

## **Group Services**

Within our group activities, we offer a range of weekly evening and weekend groups and a separate holiday group activity programme. All sites are registered with OFSTED under the Child Care Register-Voluntary Register.

## **Who is the service for?**

Within our activities, we cater for children and young people with a wide range of disabilities aged 0-18 years, living within Solihull.

## **How do I access this service?**

We work in partnership with you, your family members and professionals so that we can work together towards meeting your planned outcomes. The service can be accessed using local authority allocated hours, using direct payments, a personal budget or by purchasing hours directly. All sessions must be booked in advance. Contact our Care Co-ordinators to discuss your service and complete a formal support contract. All costs will be discussed and detailed in your support contract.

## **Does TAB provide transport?**

Transport for group activities will not be offered to new referrals as transport is not part of our main service delivery. We will continue to provide a limited transport service for our existing customers. All transport will be charged for separately, and detailed in the customer service contract.

## **Charging**

Hours and funding arrangements will be formally agreed in a service contract. The service cost is currently £15.90 per hour for all services.

All sessions must be booked in advance.

## **Cancellation Costs**

We require a minimum of 48 hours' notice to avoid any cancellation charge. If less than 48 hours' notice is given, then the full cost of the session will be chargeable.

## Our Venues

We are working with local community partners to offer families a choice of services across North Solihull.

We continually work with the venues to offer our children and young people a warm, friendly and safe environment.



**Solihull Site**

### **Kingshurst Evangelical Church**

Cooks Lane, Kingshurst, B37 6NP

This is our North Solihull Hub for our weekly and holiday groups.

The venue is centrally located and within walking distance to a local park and a number of public transport routes.

### **North Solihull Sports Centre**

Conway Rd, Birmingham B37 5LA

This is the venue for our weekly swimming club.

The venue is centrally located and within walking distance to the town centre and a number of public transport routes.



**Leisure Centre**

## Group Delivery Dates and Times

A full schedule of activities is detailed within this booklet alongside a description of the groups and activities available.

# Swimming Club

Weekly Wednesday Session

Age 5-18 years

4.30pm-6.30pm



**2 hours**

**North Solihull Sports  
Centre, Conway Road,  
Birmingham B37 5LA**

Health and fitness or fun and splash. Children of all ages and swimming abilities have the opportunity to access local swimming facilities in a group setting. This is a great way to keep healthy and get active with friends. All customers are required to bring full swimming kits and any specialist equipment. A drink and snack is provided at the end of the session.

## Meeting and Collection Point

As this activity is community based customers are required to meet at the venue. The leader and staff team will be there to meet you on arrival.

**Swimming Club will be closed on the following dates:  
25th December 2019 & 1st January 2020**

**Kingshurst Evangelical Church,  
Cooks Lane, Kingshurst, B37 6NP**

Weekly Thursday Session

5pm-7pm

Age 13-18 years



**2 hours**

# Teen Tabs Cooking Group

The group focuses on planning a meal together, budgeting for ingredients, preparing the meal safely and eating together. The group aims to teach young people life skills and recipes they would be able to cook at home. This also includes tidying and washing up!

The leader will take into account any special dietary requirements. All ingredients will be provided as part of the session at no additional charge.

**Teen Tabs will be closed on the following dates:  
26th December 2019 & 2nd January 2020**

# Saturday Club

Kingshurst Evangelical  
Church, Cooks Lane,  
Kingshurst, B37 6NP

Primary Group 5-12 years  
Secondary Group 13-18 years

10am-12pm  
1pm-3pm

Our Saturday club provide a friendly and relaxing environment for children and young people to chill out and have fun with friends after a long week at school. Children and young people have the opportunity to take part in activities such as group games, sports, art and craft, sensory play, cooking and outside activities.



## 2 hour sessions

50 weeks per year

The club provides two separate sessions throughout the day, primary children are offered the morning session and our secondary customers have the later afternoon session.

Customers are required to bring any specialist equipment and any personal care items required for the session.

**Saturday Club will be closed on the following dates:  
20th April 2019 & 24th August 2019**



# Playscheme

School holidays  
10am-3pm

Kingshurst Evangelical Church,  
Cooks Lane, Kingshurst,  
B37 6NP



Primary Age 5-12 years

Secondary Age 13-18 years

Our playschemes provide a longer day of adventure for children & young people to make friends outside of their usual friendship circle and enhance their social skills along the way.

Children are encouraged to choose play activities with the emphasis on fun and enjoyment. Each session is child-centered. This means play is personally directed by the children so they choose when, how and what they play with giving them a sense of ownership.

The activity sessions offer the chance to stay connected with friends and keep some structure to their holiday periods.

## How to access our playscheme

Customers new to Take-a-Break will need a home visit from a Care Co-ordinator to complete an initial assessment and paperwork. On completion you will receive a support contract confirming your place.

**See separate site information and dates on the following page**

# Playscheme Dates 2019-2020

## Summer 2019 WEEK 1

Monday 22nd July

Tuesday 23rd July

Wednesday 24th July

## Summer 2019 WEEK 2

Monday 29th July

Tuesday 30th July

Wednesday 31st July

## Summer 2019 WEEK 3

Monday 5th August

Tuesday 6th August

Wednesday 7th August

## Summer 2019 WEEK 4

Monday 12th August

Tuesday 13th August

Wednesday 14th August

## Summer 2019 WEEK 5

Monday 19th August

Tuesday 20th August

Wednesday 21st August

## Summer 2019 WEEK 6

Tuesday 27th August

Wednesday 28th August

## October 2019

Monday 28th October

Tuesday 29th October

Wednesday 30th October

## Christmas 2019/2020

Monday 23rd December

Friday 27th December

Monday 30th December

Thursday 2nd January

Friday 3rd January

## February 2020

Monday 17th February

Tuesday 18th February

Wednesday 19th February

## Age Range

5-12 Years

13-18 Years

5-12 Years

## Age Range

5-12 Years

13-18 Years

5-12 Years

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5-12 Years

## Age Range

5-12 Years

13-18 Years

5-12 Years



## Opening Times

The site is open from 10am-3pm each session.

## Lunch Time

All customers are required to bring their own packed lunch. Drinks and healthy snacks will be provided.

## Equipment

Customers are required to bring any specialist equipment and personal care items required.



# Activity Days

School Holidays  
Community Based

Varied Times  
Age: 5-18 years



Varied

Date	Activity	Times	Cost
Friday 31st May	Kingsbury Water Park & Swim	10am-4pm	£5.00
Friday 2nd August	Cliff Lakes Water Centre, Tamworth	10am-3pm	£18.00
Friday 9th August	Drayton Manor Theme Park	10am-6pm	£24.00
Friday 31st October	Halloween Ice Skating Solihull	10am-2pm	£8.40

## Costs

In order to access the community based activity days there will be an additional charge for the entry costs and any public transport costs. All bookings and payments need to be made in advance. Full details including payment information will be agreed in your support contract.

## Meeting and Collection Point

As this activity is community based customers are required to meet at the venue, or train station. The leader and staff team will be there to meet you on arrival.

## Lunchtime arrangements

All customers are required to bring their own packed lunch or money to purchase food. Details of any special planned lunch activities will be shared prior to the day.

## Specialist Equipment

Customers are required to bring any specialist equipment and any personal care items required.

## Individual Support Service

A minimum booking of 2 hours is required

**Flexible Hours**

Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities. These short activity-based sessions are planned in consultation with our customers and their families.

Individual sessions can be home based or within the customers local community. To access a session outside of the customers home, staff will support customers with the use of public transport or meet the customer at the activity venue. Additional transport requests will be considered on an individual basis and will be subject to additional charges.

Customer and staff activity costs, including the costs of transport are payable by the customer.

**Our current charge is £15.90 per hour.**

## Person Centred Support

We can provide specialist support to our customers following the full assessment and completion of detailed care planning. Our risk managers will complete full protocols and risk assessments, where required.

### Communication

Our staff use a range of specialist communication tools including, PECS, visual timetables, Makaton and a person centred approach.

### Personal Care

Our staff are trained to support customers with a range of personal care needs, including safer people handling with specialist equipment.

### Behaviour

All our staff are trained in Positive Behaviour Management and are skilled at preventing and resolving conflict.

### Health and Medication

Our staff are trained to support customers who have epilepsy and diabetes, and are fully trained and equipped to support customers with a range of mobility and health requirements. Our staff are fully trained to administer prescribed medication.



# we're hiring!

## Sessional Support Staff

- Community-based support
- Receive comprehensive and accredited training
- Operating in Warwickshire, Coventry, and Solihull

Visit [tabw.org.uk](http://tabw.org.uk) to apply



## Contact

Web: [tabw.org.uk](http://tabw.org.uk)

Email: [info@tabw.org.uk](mailto:info@tabw.org.uk)

Tel: 02476 644 909

Emergency On Call:  
07774 914 061

## Head Office Address

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